

The Kakeibo Method template

My income

Sources of income	Expected income (\$)	Actual income (\$)
1		
2		
3		
	Total monthly income	

My savings goals

Savings goals	Planned savings (\$)	Actual savings (\$)
1		
2		
3		
	Total monthly savings	

My monthly expenses

Expense category	What this includes	Budgeted (\$)	Actual (\$)
1			
2			
3			
4			
5			
6			
Total monthly expenses			

otal monthly expenses

My spending tracker

Date	Description	Amount (\$)	Within budget? (Y/N)
			Yes No

Time for reflection

What worked well	What I can improve on